

# Mercat Gait Sports Centre

Mercat Gait Sports Centre Prestonpans



## Swimming Pool Timetable

	Lane 1	Lane 2	Lane 2
07:30-08:30	Fitness Swimming Max Capacity = 6	Advanced Fitness Swimming Max Capacity = 6	Basic Swimming Max Capacity = 6
09:00-10:00	Fitness Swimming Max Capacity = 6	Advanced Fitness Swimming Max Capacity = 6	Basic Swimming Max Capacity = 6
10:30-11:30	Fitness Swimming Max Capacity = 6	Advanced Fitness Swimming Max Capacity = 6	Basic Swimming Max Capacity = 6
12:00-13:00	Fitness Swimming Max Capacity = 6	Advanced Fitness Swimming Max Capacity = 6	Basic Swimming Max Capacity = 6
13:30-14:30	Fitness Swimming Max Capacity = 6	Advanced Fitness Swimming Max Capacity = 6	Basic Swimming Max Capacity = 6
15:30-16:30	Child Swimming (8-15yo) Max Capacity = 15	Child Swimming (8-15yo) Max Capacity = 15	Child Swimming (8-15yo) Max Capacity = 15
17:00-18:00	Swim Clubs	Swim Clubs	Swim Clubs
18:30-19:30	Swim Clubs	Swim Clubs	Swim Clubs
20:00-21:00	Swim Clubs	Swim Clubs	Swim Clubs

## Bodyworks Gym Timetable

07:30-08:30	Gym Block 1 Max Capacity = 6
09:00-10:00	Gym Block 2 Max Capacity = 6
10:30-11:30	Gym Block 3 Max Capacity = 6
12:00-13:00	Gym Block 4 Max Capacity = 6
13:30-14:30	Gym Block 5 Max Capacity = 6
15:30-16:30	Gym Block 6 Max Capacity = 6
17:00-18:00	Gym Block 7 Max Capacity = 6
18:30-19:30	Gym Block 8 Max Capacity = 6
20:00-21:00	Gym Block 9 Max Capacity = 6

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