

Climbing Wall Code of Conduct

For the safety of all users, the following guidelines must be adhered to when using the Climbing Wall.

Climbing Activity

- Climbing involves an element of risk. Always follow the directions of the climbing instructor.
- Exercise care, common sense and self preservation at all times.
- Traverse only with shoulders below the red line.
- Always climb within your capabilities.
- Lead climbing is not permitted.
- Try to climb down not jump. If you must jump, land with both feet and knees bent.
- Pay attention to other climbers. Do not climb under or above another climber.
- Do not stand under a climber.
- Do not swing on the ropes.
- Pay attention when belaying, always stand as close to the wall as practical, watch what the

climber is doing.

- Do not distract other climbers or belayers.
- Be aware that holds may spin or break.
- Please report any loose holds to the instructor as soon as they are identified.

Attending Climbing Sessions

- Please notify the instructor of any health conditions on arrival.
- Please bring a sealed water bottle to climbing sessions.
- Please utilise the lockers for personal belongings, keys are available from the Facility Caretaker.
- All belongings are left at your own risk.

Equipment

- At the end of all climbing sessions, please join any hired shoes together and place in the correct box.

- Leave your harness with the waist and leg loops extended and return the harness and belay device to the instructor.

General Use of the Pavilion

- Anyone requiring first aid, should contact the Facility Caretaker.
- Please use the disabled toilet, the changing rooms are for football use only.
- If the fire alarm rings leave by the nearest exit and assemble in the basketball court.



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Foresters Park Climbing Wall

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